1. RULES
   1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
   1.2. The following documents shall apply:
       1.2.1. US Sailing Regulation 10. An alleged breach of US Sailing Regulation 10 shall not be
grounds for a protest by another boat; this changes rules 60.1(a). However, when a
protest committee believes that a competitor may have breached Regulation 10.03, it
shall follow the process described in the Championships' Code of Conduct.
       1.2.2. The Conditions for the Youth Championship and the US Sailing Conditions for
Championships.
       1.2.3. The US Sailing Coaching and Support Boat Policy. This will be a Grade 1 Coaching event.
   1.3. Appendix B – Windsurfing Competition Rules shall apply for the Windsurfing Events, except as
changed by the Sailing Instructions or this Notice of Race.
   1.4. Appendix P – Special Procedures for RRS 42 shall apply for the 29er, i420, ILCA 6, ILCA 7,
and Nacra 15 classes.
   1.5. The notation “[DP]” in a rule in the NoR means that the penalty for a breach of that rule may, at
the discretion of the protest committee, be less than disqualification.
   1.6. RRS 40 is changed so that each competitor shall wear a USCG approved life jacket, in good
condition, that is 100% dependent on foam for flotation and the appropriate size for the sailor,
at all times while on the water, except for brief periods while adding or removing clothing. (US
Sailing Regulation 10) A violation of this instruction may be protested by race officials or a
competitor; however an inadvertent and momentary breach of this instruction may receive a
penalty less than disqualification at the discretion of the protest committee. This changes rule
64.1. [DP]
   1.7. RRS 60.1(a) is changed to add: prohibit a boat from protesting another boat for an alleged
breach of any class rule other than class equipment measurement rules.
   1.8. RRS 77 is changed so that a boat is not required to display national letters.

2. ADVERTISING
   Boats may be required to display advertising chosen and supplied by the Organizing Authority as
outlined in World Sailing Regulation 20. [DP]
3. **EVENTS**

3.1. The regatta shall include the following events utilizing the following class compliant equipment:

<table>
<thead>
<tr>
<th>Event</th>
<th>Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doublehanded Dinghy</td>
<td>International 420</td>
</tr>
<tr>
<td>Doublehanded Skiff</td>
<td>29er</td>
</tr>
<tr>
<td>Multihull</td>
<td>Nacra 15</td>
</tr>
<tr>
<td>Singlehanded Dinghy - Light</td>
<td>ILCA 6</td>
</tr>
<tr>
<td>Singlehanded Dinghy</td>
<td>ILCA 7</td>
</tr>
<tr>
<td>Windsurfing</td>
<td>iQFOiL Youth</td>
</tr>
</tbody>
</table>

3.2 All events are open to male and female competitors. Doublehanded events may be sailed with mixed teams.

4. **ELIGIBILITY**

4.1. Competitors (skippers and crews) shall not reach their 20th birthday in the 2022 calendar year.

4.2. Competitors must be individual or family members, all in good standing, of US Sailing at the time of application, registration and of the event and not otherwise ineligible to compete under the laws, regulations, policies and rules of USOPC or its affiliated organizations.

4.3. Competitors must be US Citizens or eligible permanent residents with written authorization from World Sailing for an exemption under World Sailing Regulation 24.5.4, unless the Organizing Authority grants an exception to this requirement based upon a written request to do so. Requests will not be considered for permanent residents who have resided for less than five (5) contiguous years in the United States. Requests should be emailed to the US Sailing at YouthChampionships@ussailing.org by April 15.

5. **ENTRY and FEES**

5.1. **Entry for the Singlehanded Dinghy – Light event (ILCA 6 class) is by resume application.**

   5.1.1. Applications shall be completed online via the Youth Championship webpage: https://www.ussailing.org/competition/championships/2022-u-s-youth-championship/

   5.1.2. Applications open on Monday, April 4th at 1900 Eastern Standard Time and shall be submitted no later than April 15.

   5.1.3. The Singlehanded Dinghy – Light event (ILCA 6 class) will have a minimum entry quota of 8 boats, and a maximum entry quota of 60 boats.

   5.1.4. The Organizing Authority will review all valid applications and issue selections electronically by May 1.

   5.1.5. Competitors accepted through the Resume Application process shall submit completed registration forms on the event registration website, including non-refundable registration fees, no later than May 15.

5.2. **Entry for all other events is open on a first-come, first-served basis beginning when the registration period opens.** The minimum and maximum entry quotas for each class are listed in 5.2.2 below.

   5.2.1. The registration period will open on Monday, April 4th at 1900 Eastern Standard Time. Competitors shall submit completed registration forms, including non-refundable
registration fees, no later than **April 15** on the Youth Championship webpage: https://www.ussailing.org/competition/championships/2022-u-s-youth-championship/

5.2.2. Minimum and maximum entry quotas (# of boats):

<table>
<thead>
<tr>
<th>Event</th>
<th>Minimum Entry Quota</th>
<th>Maximum Entry Quota</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doublehanded Dinghy</td>
<td>8</td>
<td>25</td>
</tr>
<tr>
<td>Doublehanded Skiff</td>
<td>8</td>
<td>25</td>
</tr>
<tr>
<td>Multihull</td>
<td>5</td>
<td>12</td>
</tr>
<tr>
<td>Singlehanded Dinghy</td>
<td>8</td>
<td>18</td>
</tr>
<tr>
<td>Windsurfing</td>
<td>5</td>
<td>12</td>
</tr>
</tbody>
</table>

5.2.3. If an Event reaches its maximum entry quota, additional competitors may register for a waitlist. Waitlisted competitors will be notified if additional entries become available.

5.2.4. If at the end of the registration period an Event has not reached its maximum entry quota, unused spots may be allocated to other Events at the discretion of the Organizing Authority.

5.3. The Registration Fee is $350 USD per competitor for singlehanded classes, and $450 per team for doublehanded classes. No refunds of the registration fee shall be made after the registration period closes.

5.4. Competitors on the 2022 US Sailing Youth World Championships Team will be granted automatic berths.

6. **PRELIMINARY SCHEDULE (subject to change)**

6.1. Competitors shall not arrive at the venue before 1300 Wednesday, June 22nd unless they have been given prior written permission from the US Sailing Youth Championship Committee Chair. These will only be granted in unusual circumstances. No sailing out of Mission Bay Yacht Club will be permitted prior to Thursday, June 23rd. [DP]

6.2. Requests for early and late arrivals and departures MUST be made in writing via e-mail to US Sailing, youthchampionships@ussailing.org and sent no later than June 1.

6.3.

<table>
<thead>
<tr>
<th>Thursday, June 23</th>
<th>1000 -1800</th>
<th>Registration for sailors and coaches</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1200-1700</td>
<td>Designated optional practice time</td>
</tr>
<tr>
<td></td>
<td>1800</td>
<td>Mandatory Coaches Meeting and Credential Distribution</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Friday, June 24</th>
<th>0800 - 0900</th>
<th>Registration for sailors and coaches</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>0900</td>
<td>Mandatory Competitors Meeting</td>
</tr>
<tr>
<td></td>
<td>1000</td>
<td>Mandatory Spectator Boat Meeting and Credential Distribution</td>
</tr>
<tr>
<td></td>
<td>1200</td>
<td>Warning signal for first race of the day; subsequent races to follow</td>
</tr>
<tr>
<td></td>
<td>1830</td>
<td>Regatta “Beach Bash” Dinner</td>
</tr>
</tbody>
</table>
Saturday, June 25

0900   Mandatory Morning Briefing
1200   Warning signal for first race of the day; subsequent races to follow

Sunday, June 26

0900   Mandatory Morning Briefing
1130   Warning signal for first race of the day; subsequent races to follow
1530   No Warning Signal after 1530
As soon as practical   Pack-up boats/Awards Ceremony

6.4. Awards presentation will be made as soon as practicable following the conclusion of racing and pack-up. Attendance at the Awards Ceremony is mandatory for all competitors.

7. RISK, DISCLAIMER OF LIABILITY & PERSONAL CONDUCT
7.1. Competitors participate in the regatta at their own risk. See Racing Rules of Sailing rule 3 (Decision to Race). The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
7.2. Competitors will accept full responsibility for all his/her actions during any activity related to the event. This includes on-shore activities before, during, and after the regatta until such time as they either leave the venue for home or the airport.
7.3. All competitors are expected to maintain the highest levels of conduct throughout the entire event until such time as they either leave the venue for home or the airport. Enforcement of discipline and conduct shall be conducted as per the Racing Rules of Sailing (rule 69.1), the Championships’ Code of Conduct and/or the policies and procedures of US Sailing (Regulation 15.01).

8. MEASUREMENT
8.1. Each boat shall comply with the equipment measurement rules of its class and may be inspected for compliance at any time during the regatta at the discretion of the Protest Committee or the Organizing Authority.
8.2. All boats shall display top sail or bow numbers, if provided, while racing. [DP]

9. SAILING INSTRUCTIONS
The Sailing Instructions will be available at check-in and preliminary Sailing Instructions may be posted at https://www.ussailing.org/competition/championships/2022-u-s-youth-championship/

10. VENUE
See Diagram A for a map of possible race area.

11. COURSES
The courses shall be prescribed in the Sailing Instructions.

12. PENALTY SYSTEMS
For the Skiff and Multihull Events (sailing the 29er and the Nacra 15) rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

13. SCORING
The scoring system will be detailed in the Sailing Instructions.

14. SUPPORT & SPECTATOR BOATS
Registered private spectator boats will be permitted with specific conditions outlined in the welcome letter and in the Sailing Instructions. A spectator boat provided by the host-club may be available for at least one day of racing.

15. COACHING
15.1. This is a Grade 1 Event as defined in the US Sailing Coaching and Support Boat Policy. Private coaches must have current certification and SafeSport training.
15.2. US Sailing will provide one or more coaches to assist each Class, including group briefings and on-water assistance.
15.3. Coaches are required to wear PFDs while on the water.
15.4. An Engine Cut-Off Switch (ECOS) Link must be attached to the coach boat operator, the operator’s clothing, or operator’s personal floatation device whenever a boat’s engine is running.
15.5. Private Coaches must register on the Youth Championship webpage by June 1.
15.6. Private Coaches are responsible for their own housing and support boat. Information about docking, trailer storage and meal costs will be included in the regatta welcome letter.

16. PROHIBITED SUBSTANCES - US SAILING REGULATION 10.03 B AND 10.03 C, STATE:
B. For Junior and Youth events or for junior or youth competitors in any US Sailing championship, no participant or competitor shall use or possess, either on or off the water: 1. marijuana or any other substance if possession is illegal under state or federal law; or 2. any alcoholic beverages.

C. An alleged breach of one of these regulations shall not be grounds for a protest; this changes rules 60.1(a), 60.2(a) and 60.3(a). However, when the protest committee believes that a competitor may have breached one of these regulations, it shall follow the process described in the Championships Code of Conduct. If a competitor is found to have breached one of the elements within the Code of Conduct, they shall be excluded from the remaining races of the series and, where practicable, removed from the regatta venue and sent home. When a competitor withdraws from part of an event pursuant to the Code, the scores of all completed races shall stand for the purposes of determining the seeding of subsequent rounds or stages in the event. However, that competitor’s boat/team will no longer be eligible to compete in the event, shall be removed from the final event scores, and each boat/team with a worse finishing place in the event shall be moved up one place.

https://www.ussailing.org/competition/resources/hosting-a-us-sailing-championship/regulation-10/

17. PRIZES
17.1. Depending on class size, US Sailing Championship medals may be awarded to competitors who finish first through fifth overall in classes greater than 25 and first through third overall in classes greater than ten. In classes with ten or less, first and second will be awarded.
17.2. The Manton D Scott Memorial Trophy will be awarded to the winning Doublehanded Dinghy (I420) team.
17.3. The Robert L. Johnstone III Trophy will be awarded to the winning Singlehanded Dinghy (ILCA 7) competitor.
17.4. The Robert and Ann Conner Trophy will be awarded to the winning Singlehanded Dinghy - Light (ILCA 6) competitor.
17.5. The Arthur D Stevens Trophy will be awarded to the winning Multihull team.
17.6. The Major Hall Trophy will be awarded to the winning Windsurfing competitor.
17.7. The David M. Perry Perpetual Sportsmanship Trophy will be awarded in each class.
17.8. International Travel Grants - Made possible by the US Sailing Foundation. The top finishing doublehanded team or singlehanded sailor, as well as the top female doublehanded team or singlehanded sailor, in each fleet at the 2022 Youth Champs are eligible for travel grants of up to $500 per athlete to represent the United States at an international competition (outside of North America) in 2023 subject to approval. Eligible sailors will be required to submit details of the international competition and a training plan to US Sailing (championships@ussailing.org) by April 1st, 2023 for approval.

18. FURTHER INFORMATION
18.1. All official applications, notices, forms and results will be posted on the Event Website.
18.2. For further information please contact:

US Sailing Youth Racing Events Manager, Catherine Shanahan: youthchampionships@ussailing.org
2022 Event Chair, Chris Wright, Mission Bay Yacht Club, juniors@mbyc.org
Diagram A
Race Area

Circle 1
ILCA 6, ILCA 7, I420

Circle 2
29er, Nacra 15

Circle 3
IQ Foil

MBYC
SafeSport Guide: US Sailing Youth Championships

US Sailing Youth Championship hosts are required to implement SafeSport’s Minor Athlete Abuse Prevention Policies (“MAAPP”) during Championship events. The MAAPPs consist of both:

A. SafeSport Training requirements
B. One-on-one abuse prevention policies

**SafeSport Training Requirements**

| The following adults must complete SafeSport training prior to working a US Sailing Youth Championship Event | • US Sailing Championship Committee Chairs,  
• All race officials (Principal Race Officers, Judges, & Umpires),  
• Volunteer Medical Professionals,  
• Coaches and Instructors,  
• On-site Championship organizers and regatta officials,  
• Competitors who are 18 years of age or older who are teammates (aboard the same boat) with minor competitors. |
|---|---|

**One-on-One Abuse Prevention Policies**

For the duration of any US Sailing Championship event, all adults participating in the event as coaches, race officers, event organizers, medical staff, and volunteers shall adhere to the following one-on-one abuse prevention policies.

<table>
<thead>
<tr>
<th>One-on-One Interactions Between Adults and Unrelated Minor Competitors</th>
<th>General Rule: While on-site at a US Sailing Youth Championship event, all one-on-one contact between an adult and unrelated minor competitor must be observable and interruptible.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meetings and Training Sessions</td>
<td>All individual, one-on-one meetings and training sessions between an adult and an unrelated</td>
</tr>
</tbody>
</table>
minor competitor must take place in an area that is observable and interruptible.

<table>
<thead>
<tr>
<th>Athletic Training Sessions, Massages, Rubdowns</th>
<th>All individual, one-on-one athletic training sessions, massages, and rubdowns involving an adult and unrelated minor competitor must be:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Observable and interruptible,</td>
</tr>
<tr>
<td></td>
<td>• Performed with another adult present, and</td>
</tr>
<tr>
<td></td>
<td>• Have prior written consent from the minor’s parent/guardian.</td>
</tr>
<tr>
<td>Locker Rooms &amp; Changing Areas</td>
<td>Adults may not have unobservable and uninterruptible contact with an unrelated minor competitor in any locker room or changing area.</td>
</tr>
<tr>
<td>Media &amp; Electronic Communications</td>
<td>All one-on-one electronic communications between an adult coach, volunteer, or regatta official and unrelated minor competitor must be <strong>open and transparent</strong>. Open and transparent means that an adult shall copy or include on any electronic communication with a minor competitor:</td>
</tr>
<tr>
<td></td>
<td>(a) The minor competitor’s parent/guardian or other adult family member, or</td>
</tr>
<tr>
<td></td>
<td>(b) Another adult (such as a coach).</td>
</tr>
<tr>
<td></td>
<td><strong>Team Communications:</strong> All electronic team communications with minor competitors shall include at least two adults.</td>
</tr>
<tr>
<td>Transportation</td>
<td>An adult shall not transport a minor competitor one-on-one to/from the event site unless that adult has prior, written consent from the minor competitor’s parent/guardian.</td>
</tr>
<tr>
<td>Lodging</td>
<td>No minor competitor may stay overnight in the same room with an unrelated adult chaperone without prior written consent from the minor competitor’s parent/guardian.</td>
</tr>
</tbody>
</table>