**Tuesday, December 14th**

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<th>Time</th>
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| 12:00-12:45 | State of US Olympic Sailing  
*Paul Cayard, Executive Director, US Olympic Sailing w/ Luther Carpenter* |
| 1:00-1:45  | 2021 Coaching Lessons, Inspirations, Directions, and Future Goals for the Coaching Community  
*Luther Carpenter, Senior Olympic Coach, US Olympic Sailing* |
| 2:00-2:45  | The Intersection of Abuse and Sports  
*Cynthia N. Mejia Colin, Training Manager, US Center for SafeSport & Jessica Doriot, Compliance Manager, US Center for SafeSport* |
| 3:00-3:45  | Bringing Physics & Data into Your Training Program  
*Riley Schutt, Head of Technology, US Olympic Sailing* |

**Additional webinars (available with limited enrollment for a registration fee).**

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| 4:30-6:00 | Keeping Courage Afloat  
*Dr. Tim Herzog, Founder, Reaching Ahead LLC*  
*Registration fee: $35 / Limited to 28 participants* |

**Wednesday, December 15th**

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| 12:00-12:45 | Planning for Performance  
*Chris Clements, Founder, People Optimization.* |
| 1:00-1:45  | A Critical Examination of Care in Coaching  
*Kristen Dieffenbach, Ph.D., President, US Center for Coaching Excellence* |
| 2:00-2:45  | 2022 Youth Racing Outlook  
*John Pearce, Director of Sport Development, Phil Muller, US Sailing  
Developmental Coach of the Year, and Justin Ahern, iQFoil Coach, US National and Gulf Coast Championships.* |

**Additional webinars**

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| 3:30-5:30 | Lessons Learned from the Tokyo Olympic Games & Rule Situations that Most Sailors Don’t Know...But should.  
*Dave Perry, U.S. Sailing Team Rules Advisor*  
*Registration fee: $20 / Limited to 75 participants* |

**Thursday, December 16th - Additional webinars only**

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<th>Time</th>
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| 1:00-3:00 | Lessons Learned from the Tokyo Olympic Games & Rule Situations That Most Sailors Don’t Know...But should.  
*Dave Perry, U.S. Sailing Team Rules Advisor*  
*Registration fee: $20 / Limited to 75 participants* |