CLINIC INFORMATION
The 2021 U.S. Junior Women’s Clinics are organized by the US Sailing Junior Women’s Championships Committee and made possible by the generous support of the C. Thomas Claggett Jr. Trust.

Due to the COVID-19 Pandemic, the U.S. Junior Women’s Singlehanded Championship for the Leiter Trophy and the U.S. Junior Women’s Doublehanded Championships for the Ida Lewis Trophy will not be contested in 2021. In place of these national championships, US Sailing is proud to offer a series of seven regional junior women’s clinics.

This unique, all girls regional clinic series provides junior sailors with a chance to build their skills in an all-female environment and foster friendships for a lifetime! The three-day clinic will be comprised of group presentations, on the water drills and practice racing. US Sailing Coaches are provided to lead training and coach all competitors to enhance the experience, sailing skills, and competitive sportsmanship of the group. No private coaching is allowed.

CLASSES
ILCA 4 (4.7), ILCA 6 (Radial), Club 420 (with trapeze and spinnaker) and 29er.

A fleet shall have a minimum of five (5) boats registered as of the registration deadline, or that fleet will be dropped from the clinic. Competitors will be notified and offered the opportunity to sail in another fleet. If they choose not to race in the other fleet, they will be refunded their entry fee.

ELIGIBILITY
Sailors must have reached their 13th birthday but not their 19th birthday during the calendar year of the clinic. Sailors must be individual or family members, all in good standing, of US Sailing at the time of registration and clinic. Competitors must be eligible to compete under the laws, regulations, policies and rules of USOPC or its affiliated organizations.

Sailors may only attend the clinic in the region of their permanent address (see list below). Exceptions must be cleared with the National Event Chair, Alana Marks (alanaoreilly@gmail.com) and approved at least two weeks ahead of the event start date.
DATES AND HOSTS

West- June 16-18- Alamitos Bay Yacht Club- Long Beach, CA
- Open to sailors from: CA, AZ, NV, UT, HI

Northwest- June 25-27- Olympia Yacht Club- Olympia, WA
- Open to sailors from: WA, OR, ID, MT, AK

Southeast- June 25-27- Florida Yacht Club- Jacksonville, FL
- Open to sailors from: FL, GA, SC, AL

Mid-Atlantic- June 29-July 1- Old Dominion University- Norfolk, VA
- Open to sailors from: PA, MD, DE, DC, VA, NC, NJ

North East- July 13-15- Roger Williams University- Bristol, RI
- Open to sailors from: NY, CT, RI, MA, NH, VT, ME

Midwest- July 13-15- Macatawa Bay Yacht Club- Macatawa, MI
- Open to sailors from: MN, IA, MO, WI, IL, IN, TN, KY, OH, MI, WV

Central- July 15-17- Oklahoma City Boat Club – Oklahoma City, OK
- Open to sailors from: MS, LA, AR, TX, OK, NM, KS, CO, NE, WY, SD, ND

REGISTRATION
Registration can be completed via the links on the event website:
https://www.ussailing.org/competition/championships/2021-u-s-junior-womens-singlehanded-championship/

Registration will open on May 3rd at Noon EST on a first come, first served basis. The registration deadline for each clinic is three weeks prior to the first day of the clinic. Each clinic will be capped at 60 sailors. Additional sailors may register for the waitlist and will be notified if space becomes available.

The registration fee is $200 per sailor. The registration is important for information and waiver retrieval. Registration is not complete until the electronic waiver has been signed.

EQUIPMENT
Attending sailors must bring their own boat or arrange their own charter.

Each competitor shall wear a USCG approved life jacket that is 100% dependent on foam for flotation and the appropriate size for the sailor, at all times while on the water, except for brief periods while adding or removing clothing (US Sailing Regulation 10).

All boats are required to bring their own 40-foot tow line.
MEALS/WATER
Attending sailors and coaches must bring their own reusable water bottle. Water refill stations will be available at all host facilities. No meals will be provided, sailors are to bring their own lunches and post-sailing snacks to eat during the clinic days.

SCHEDULE
A schedule for each clinic will be released closer to the clinic start date. Sailors should plan to arrive at 9:00 am and leave at 6:00 pm each day of the clinic.

VENUE
The clinic will be generously hosted at 7 different venues across the country. Visiting sailors and coaches are asked to be respectful to staff and members who will also be on site during this time. Sailors and coaches are to keep their boats and gear in the designated areas for the clinic and clean up after themselves.

HOUSING/ACCOMMODATIONS
All sailors are responsible for arranging their own housing/accommodations for the duration of the clinic. Information about local hotel room blocks will be available on the event website.

FURTHER INFORMATION
For further information, please contact:
Alana Marks, US Junior Women’s Championship Committee Chair, alanaoreilly@gmail.com
Catherine Shanahan, Youth Racing Events Manager, Catherineshanahan@USSailing.org, 401-342-7949