NOTICE OF RACE
Posted January 24, 2020

1. Rules
1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
1.2. The following documents will apply:
   1.2.1. US Sailing Regulation 10
   1.2.2. U.S. Junior Women’s Championships Conditions and US Sailing Championship Conditions.
   1.2.3. US Sailing Championship Support Vessel Policy
1.3. RRS 40 is changed so that each competitor shall wear a USCG approved life jacket that is 100% dependent on foam for flotation and the appropriate size for the sailor, at all times while on the water, except for brief periods while adding or removing clothing. (US Sailing Regulation 10) A violation of this instruction may be protested by race officials or a competitor; however an inadvertent and momentary breach of this instruction may receive a penalty less than disqualification at the discretion of the protest committee. This changes rule 64.1. [DP]
1.4. RRS 60.1(a) is changed to add: “nor may she protest another boat for an alleged breach of any class rule other than class equipment measurement rules;”.
1.5. The notation “[DP]” in a rule in the NoR means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification and may range from a reprimand to a dismissal from the regatta.

2. ADVERTISING
Boats may be required to display advertising chosen and supplied by the Organizing Authority as outlined in World Sailing Regulation 20. [DP]

3. EVENTS
The regatta will include the following fleets utilizing the following class compliant equipment:
Singlehanded Dinghy – Laser Radial
Singlehanded Dinghy – Laser 4.7

4. ELIGIBILITY
4.1. Competitors shall be females who have reached their 13th birthday but not their 19th birthday during the calendar year in which the event is held.
4.2. Competitors must be individual or family members, all in good standing, of US Sailing at the time of registration and the event.
4.3 Competitors must be eligible to compete under the laws, regulations, policies and rules of USOC or its affiliated organizations.
4.4. Competitors shall be U.S. citizens. Proof of citizenship must be provided if requested by the Organizing Authority.
5. REGISTRATION and ENTRY
5.1 Registration will open on March 1, 2020.
5.2 Registrations shall be submitted online no later than 12:00am (midnight) ET June 1, 2020.
5.3 Registration may only be made by completing the online registration at the Event website: https://www.ussailing.org/competition/championships/2020-u-s-junior-womens-singlehanded-championship/
5.4 This event is capped at fifty (50) boats for the Radial fleet and twenty (20) boats for the 4.7 fleet. Entries over that number will be placed on a waiting list. If there is a waitlist for one fleet, any unused spots at the end of the registration period (June 1) will be reallocated to the other fleet. Registration will open for those on the waiting list in the order received.
5.5 The entry fee is $350 per competitor which includes coaching, some meals and entertainment.
5.6 The entry fee shall be paid by credit card online at the time of registration.
5.7 No refunds of the entry fee will be made after June 1, 2020.
5.8 To be considered an entry in the regatta, a boat shall complete all registration and pay all fees by the deadline stated in NoR 5.2 and complete required waivers, code of conduct and releases by the start of the event.
5.9 Sailorships for travel expenses are available for this event. Applications for eligible sailors can be found at: https://www.ussailing.org/competition/youth-sailing/youth-championships/sailorships-financial-aid-for-junior-sailors/

7. CHARTERS
A limited number of charter boats will be available from Laser Performance for the event. Charter information will be posted on the Event Website. Charter agreements are between a competitor and the charterer.

8. PRELIMINARY SCHEDULE (subject to change)
8.1 Early/late arrivals and/or departures are not permitted. Permission for any exceptions must be requested to the US Junior Women’s Championships Committee Chair via email alanaoreilly@gmail.com at least two weeks in advance and will only be granted for extenuating circumstances.
8.6 Mandatory Participation Required:
8.6.1 A two-day mandatory clinic will be held preceding the championship. The clinic will familiarize the competitors with the local conditions and probable race course. Coaches for the clinic will be hired by US Sailing. Permission to miss the clinic shall be requested in advance and a response from the US Junior Women’s Championships Committee Chair obtained in advance.
8.6.2 Participation in meals and regatta events is mandatory.
8.6.3 Attendance at the Awards Ceremony is mandatory for all competitors. Competitors may depart the event after the Awards Dinner with a parent or guardian at approximately 1800.

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>Monday, July 6</td>
<td>1400 – 1800</td>
<td>On-Site Check-In for competitors</td>
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<tr>
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<td>1700</td>
<td>Welcome Dinner</td>
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<tr>
<td>Tuesday, July 7</td>
<td>0800 - 0900</td>
<td>Breakfast</td>
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<td>0800 – 0900</td>
<td>Build your own lunch, selection of meats, cheese and bread available</td>
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<tr>
<td>Time</td>
<td>Event</td>
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<tr>
<td>0900-1600</td>
<td>Clinic</td>
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<tr>
<td>1700</td>
<td>Dinner</td>
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<tr>
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<td>Wednesday, July 8</td>
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<tr>
<td>0800-0900</td>
<td>Regatta Celebration Dinner (families included/must pre-register)</td>
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<td>1000</td>
<td>Warning signal for first race of the day; subsequent races to follow</td>
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<td>Post-race snack immediately following racing</td>
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**9. MEASUREMENT**
9.1 Each boat shall comply with the equipment measurement rules of their Laser class and may be inspected for compliance at any time during the regatta at the discretion of the Race Committee. [DP]
9.2 Personal flotation devices will be checked at registration for compliance with NoR 1.3.

**10. SAILING INSTRUCTIONS**
Sailing Instructions will be posted on the event website and will be available at registration.

**11. VENUE**
The regatta will be sailed in the Atlantic Ocean on the east side of the Carolina Yacht Club. See Diagram A for a map of possible race areas.
12. PENALTY SYSTEMS
Appendix P – Special Procedures for Rule 42 will apply.

13. SCORING
13.1. The Low Point System of Appendix A will apply.
13.2. Three (3) races are required to be completed to constitute a series.
13.3. When fewer than five (5) races have been completed, a boat’s series score will be the total of her race scores.
13.4. When five (5) or more races have been completed, a boat’s series score will be the total of her race scores excluding her worst score.
13.5. Seven (7) races are scheduled.

14. SPECTATORS
14.1. Parents are invited to spectate on race days. Information about and registration for the spectator boat will be provided as part of registration.

15. COACHING [DP]
15.1. This is a Grade 2 Event as defined in the US Sailing Championship Support Vessel Policy.
15.2. Except as provided in the Spectator policy in section 14, instructors, personal coaches and other support personnel and family members shall not go afloat in the defined racing area at any time during the clinic or racing days, except in spectator boats as defined in NoR 15.1.
15.3. Outside contact with competitors is prohibited on clinic and racing days commencing with the competitor’s arrival at the host club and shall continue until dismissed by the National Coach each day.
15.4. Outside contact is defined as a contact by a parent, family member, spectator, or coach. Competitors shall not receive advice, instruction, or any type of outside assistance (other than that provided by US Sailing), including electronic, voice or data communication, while at the sailing venue during the clinic and racing days. The representative of the Organizing Authority will have sole authority for determining whether the reason for any electronic communication, voice, or data transmission, by a competitor is acceptable. [DP]
15.5. The coaches hired by US Sailing will offer individual on-the-water instruction and group commentary/advice on land following each racing day. This coaching will be given to all competitors on an equal basis.

16. EQUIPMENT
16.1. The only gear, rigging, or equipment that a competitor may take aboard a boat is: a refillable water bottle, class-legal compass, flags, plastic bucket or bailer, normally equipped ditty-bag, personal effects, tow line, PFDs and protective clothing. [DP]
16.2. Competitors are required to bring their own 30-foot tow line. [DP]
16.3. GPS devices of all varieties, styles and combinations are specifically banned.

17. PROHIBITED SUBSTANCES (US Sailing Regulation 10)
17.1. For Junior and Youth events or for junior or youth competitors in any US Sailing championship, no participant or competitor shall use or possess, either on or off the water:
   1. marijuana or any other substance if possession is illegal under state or federal law; or
   2. any alcoholic beverages.
17.2. An alleged breach of this requirement shall not be grounds for a protest. However, when the protest committee believes that a competitor may have breached the above requirement, it shall
Appendix A – Sailing Areas