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U.S. Junior Women's Doubleh

Ida Lewis Logo

National Championships

Up



## U.S. Junior Women's Doublehanded Championship for the Ida Lewis Trophy



Windycrest Sailing Club, Tulsa OK  
July 5 - 11, 2003

1st Place ~ Leigh Kempton & Kaity Storck  
2nd Place ~ Adrienne Patterson & Melanie Roberts  
3rd Place ~ Caroline Young & Shannon Heausler

Megan Magill ~ Sportsmanship Trophy Winner

### COMPLETE RESULTS

**Date** **July 5 - 11, 2003**  
**Host Club** [Windycrest Sailing Club](#)  
**Location** **Tulsa, OK**  
**Boats** [Club 420](#)

**Download 2003 Regatta  
Information**

[Notice of Race](#)   [Sailing  
Instructions](#)



photo by Thornton

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## Ida Lewis Championship 2003

### Final Results

[Click here for Entry List](#)

Hull#		Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Race 7	Race 8	Total	Place
	<b>Skipper/Crew</b>										
01	Leigh Kempton Kaity Storck	2	1	1	1	1	1	1	*3	8	1
19	Adrienne Patterson Melanie Roberts	1	2	4	*7	2	3	5	1	18	2
18	Caroline Young Shannon Heausler	*9	6	2	2	3	4	2	2	21	3
07	Casey Williams Kristin Rittenhouse	3	3	3	3	7	5	*7	5	29	4
14	Blaire Herron Anna Brun	5	9	*11	5	4	2	6	8	39	5
30	Roberta Steele Mallory Fontenot	*14	7	7	4	9	9	3	10	49	6
17	Charlotte Hill Emily Hill	*19	8	8	6	8	8	10	6	54	7
04	Evan Brown Elizabeth Bryant	7	4	16	8	5	13	*17	7	60	8
05	Becca Dellenbaugh Keisha Pearson	4	10	6	11	17	6	*18	11	65	9
20	Lauren Merrigan Lindsey Rogers	8	5	13	9	11	7	12	*27	65	10
21	<b>Megan Magill</b> Briana Provancha	15	11	10	*24	6	12	4	9	67	11
16	Meredith Muller Katie Beiser	10	12	9	10	15	*20	9	13	78	12
15	Amanda Sackett Stephanie Grucke	11	19	5	*31 DSQ	10	16	8	12	81	13
13	Nataleigh Vann Katie Ward	12	17	12	13	13	10	16	*22	93	14
27	Andrea Savage Allison Trost	6	20	*23	14	14	22	11	19	106	15
24	Kendra Emhiser Kelly Stecker	*23	15	18	12	19	11	15	20	110	16
22	Jessica Haverstock Annie Leomporra	13	14	*27	22	20	21	23	4	117	17

<b>02</b>	Allison Davis										
	Laura Barta	16	13	17	17	*24	17	22	16	118	18
<b>09</b>	Amanda Baker										
	Elizabeth Hawkins	21	18	15	15	*25	14	21	15	119	19
<b>03</b>	Emily Brown										
	Lydia Cuker	22	16	22	21	12	15	19	*25	127	20
<b>10</b>	Hilary Wiech/Melissa Pumphrey	18	*26	14	16	26	19	24	14	131	21
<b>08</b>	Catherine Greenlee										
	Katherine Greene	17	*25	21	18	16	18	20	21	131	22
<b>11</b>	Sara Morgan Watters										
	Molly N. Callanan	*25	22	20	19	18	24	14	17	134	23
<b>06</b>	Whitney Davis										
	Alexandra Dempsey	20	23	19	20	22	*26	13	23	140	24
<b>26</b>	Emily Maxwell										
	Avery Field	26	*27	24	23	21	23	25	18	160	25
<b>29</b>	Catherine Carstens										
	Meghan Pesch	24	21	25	*26	23	25	26	24	168	26
<b>23</b>	Jaci Wolf										
	Courtney Bass	28	24	30	25	27	27	*31 DNF	28	189	27
<b>12</b>	Shelby Aughtry										
	Brie Geletzke	27	30	26	27	28	28	*31 DNF	31 DNF	197	28
<b>28</b>	Caitlin Dailey										
	Heather Ketchum	29	28	28	29	29	29	*31 DNF	29	201	29
<b>25</b>	Caitlin Calhoun										
	Allison Moorhead	30	29	29	28	*31 DNS	31 DNS	31 DNS	26	204	30

\* = Throwout

Sportsmanship Trophy Winner

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## Ida Lewis Championship 2003 Entry List

Team	Skipper and Crew	City & State	Club
01	Kempton, Leigh Storck, Kaity	Island Heights, NJ Huntington, NY	NYNJA
02	Davis, Allison Barta, Laura	Seattle, WA Everett, WA	Seattle Yacht Club
03	Brown, Emily Cuker, Lydia	Hampton, VA Hampton, VA	Hampton Yacht Club
04	Brown, Evan Bryant, Elizabeth	Tampa, FL Tampa, FL	Davis Island Youth Sailing Foundation
05	Dellenbaugh, Becca Pearson, Keisha	Easton, CT East Patchogue, NY	Pequot Yacht Club
06	Davis, Whitney Dempster, Alexandra	Wellesley, MA Bethesda, MD	Cohasset Yacht Club
07	Williams, Casey Rittenhouse, Kristin	Kentfield, CA Belvedere, CA	San Francisco Yacht Club
08	Greenlee, Catherine Greene, Katherine	Kaneohe, HI Honolulu, HI	Kaneohe Yacht Club
09	Baker, Amanda Hawkins, Elizabeth	Fairfield, CT Fairfield, CT	Pequot Yacht Club
10	Wiech, Hilary Pumphrey, Melissa	St Michaels, MD Annapolis, MD	Annapolis Yacht Club
11	Watters, Sara Morgan Callanan, Molly N.	Oxford, MD Chester, MD	Tred Avon Yacht Club
12	Aughtry, Shelby Geletzke, Brie	Edmond, OK Edmond, OK	Oklahoma City Boat Club
13	Vann, Nataleigh Ward, Katie	Fort Worth, TX Kingwood, TX	Fort Worth Yacht Club
14	Herron, Blaire Brun, Anna	Coronado, CA San Diego, CA	San Diego Yacht Club
15	Sackett, Amanda Grocke, Stephanie	Mentor, OH Novelty, OH	Mentor Harbor Yachting Club
16	Muller, Meredith Beiser, Katie	Fort Pierce, FL Stuart, FL	Fort Pierce Yacht Club
17	Hill, Charlotte Hill, Emily	Miami, FL Miami, FL	Coral Reef Yacht Club
18	Young, Caroline Heausler, Shannon	Tampa, FL Tampa, FL	Davis Island Yacht Club
19	Patterson, Adrienne Roberts, Melanie	Corona del Mar, CA San Diego, CA	Newport Harbor Yacht Club
20	Merrigan, Lauren Rogers, Lindsey	Easton, MD Marblehead, MA	Pleon Yacht Club
21	Magill, Megan Provancha, Briana	San Diego, CA San Diego, CA	Mission Bay Yacht Club
22	Haverstock, Jessica Leomporra, Annie	Minnetonka, MN Deephaven, MN	Minnetonka Yacht Club
23	Wolf, Jaci	Bethany, OK	Oklahoma High School

	Bass, Courtney Megan	Edmond, OK	Sailing Association
24	Emhiser, Kendra Stecker, Kelly	Manchester, MA Beverly Farms, MA	Manchester Yacht Club
25	Calhoun, Caitlin Moorhead, Allison	Oklahoma City, OK Edmond, OK	Bishop McGinnis Catholic High School
26	Maxwell, Emily Field, Avery	Stonington, CT Noank, CT	Ram Island Yacht Club
27	Savage, Andrea Trost, Allison	Grosse Point Shores, MI Grosse Pointe Woods, MI	Crescent Sail Yacht Club
28	Dailey, Caitlin Ketchum, Heather	Tulsa, OK Sperry, OK	Windycrest Sailing Club
29	Carstens, Catherine Pesch, Meghan	Lake Forest, IL Arlington Heights, IL	Lake Forest High School
30	Steele, Roberta Fontenot, Mallory	LaPorte, TX LaPorte, TX	LaPorte Yacht Club

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**U.S. Junior Women's Doublehanded Championship  
Ida Lewis Trophy  
July 5-11, 2003**



Organizing Authority: US SAILING  
Host: Windycrest Sailing Club  
Sponsor: Vanguard Sailboats



**NOTICE OF RACE**

1. **Rules** – the current Racing Rules of Sailing will govern The Championship.
2. **Alterations of Class Rules** – The rules of the US Club 420 Class will be used except that RRS 60.1 (a) is changed to prohibit a boat for protesting another boat for alleged breach of a class rule requiring membership.
3. **Alteration of Racing Rules** – RRS 61.1 (a) Appendix G and Appendix N are modified for this Championship.
4. **Advertising** – Shall be Category A in accordance with Appendix 1, Regulation 20, and ISAF Advertising Code.
5. **Eligibility**
  - 5.1. All Competitors Must Be:
    - A. Women ages 13-18 in the calendar year, and
    - B. Group 1 or 2 competitors under Appendix P of the racing rules, and
    - C. Members of US SAILING
  - 5.2. This championship is open to all women who meet the above requirements. No eliminations are required.
6. **Boats/Measurements** – Club 420 (spinnaker and trapeze). Competitors are encouraged to bring their own boats. Competitors living inside 500 miles of Tulsa, OK must bring own boats, or charter a local boat from Windycrest. All boats will be inspected. Competitors must supply their own harness. All Boat charter reservations must be received by May 15, 2003. If charters still remain, the deadline may be extended.
7. **Fees:**
  - Entry Fee: \$135.00 per competitor (includes clinic, lunches and dinners.)
  - Charter Fee: \$350.00 per boat
  - Damage Deposit: \$250.00 per boat
8. **Schedule of Events: (Effective 12/16/2002)**

<ul style="list-style-type: none"> <li>July 5 2003 Arrivals, Registration, Boat Assignment</li> <li>July 6-7, 2003 Clinic</li> <li>July 8-10 2003 Racing</li> <li>July 10 2003 Boat Check Out, Awards Banquet</li> <li>July 11, 2003 Departures</li> </ul>	<b>Host Club:</b> Windycrest Sailing Club P. O. Box 4731 Tulsa, OK 74159 (918) 242-3228 (918) 242-3761 Fax Club. Web Page: <a href="http://www.windycrest.com">www.windycrest.com</a>
--	---
- Regatta Chairperson:** Skeeter Chilton  
21765 Windycrest Rd.  
Sand Springs, OK 74063  
918-242-3228  
Email: [Skeeter.Chilton@att.net](mailto:Skeeter.Chilton@att.net)

United States Sailing Association, Inc.

To encourage participation and promote excellence in sailing and racing in the United States.

9. **Advanced Registration/Housing**

Competitors shall register in advance by completing the registration and mailing it with three checks, (One for entry fee, one check for the charter fee and one check for the damage deposit, all payable to the Windycrest Sailing Club). Entries will be accepted if postmarked by June 20, 2003. This deadline may be extended. All competitors are required to stay in housing provided by host Club. **Please attach copies of skipper and crew US SAILING Membership cards to your entry form.**

**10. Sailing Instructions** – Sailing Instructions will be posted on the US SAILING web site in draft form and will be available at registration in final form.

**11. Penalties for Breaking Rules of Part 2** – Appendix N, Immediate Penalties for Breaking Rule 42 will apply.

**12. Numbers of Races – Maximum of 10 races** are scheduled with 3 races constituting a series.

**13. Coaching, Parents and or Support Boats**

13.1 Instructors, parents, coaches and other support personnel shall not go afloat in the racing area from the day of the Clinic/practice race through the end of the series inclusive, except in spectator boats approved by the Windycrest Sailing Club Race Committee or the organizing authority

13.2 Contestants shall not receive advice, instruction, or any type of outside assistance including electronic communication devices, or coaching (other than provided by the National Committee) during the “racing day”. It is the intent of this rule to prohibit contact during the race day between contestants and any person who, in the opinion of the Jury, is a coach, instructor or advisor.

13.3 A “racing day” includes the day of the clinic/practice race. The “racing day” is defined as starting when each competitor has been assigned her boat and equipment prior to the first race of that day and/or is rigging her boat, and shall continue until the completion of the last race of that day, *and* after competitors have been released by the jury. Any instruction furnished during a clinic provided as a part of the regatta shall not be considered “coaching”.

**14. Decisions Of The Jury**

14.1 The jury may disqualify an infringing boat from all races conducted on the day of the infringement.

14.2 Appeals from the decisions of a protest committee in the final series of a US SAILING Championship are made to the US SAILING Appeals Committee (see Prescription to RRS 70.1)

**15. Safety** – US Coast Guard approved personal flotation device is to be worn, and properly fastened, at all times while launching and while sailing. Failure to comply with this rule can result in disqualification as deemed appropriate by the jury.

**16. Discipline**

16.1 In accordance with US SAILING Regulation 5.03, no contestant shall use, either on or off the water, alcoholic beverages or use of any controlled substances, the possession of which is unlawful. This regulation is in effect during the entire event, from the date and time of the arrival through date and time of departure from the locale.

16.2 A hearing will be held generally in accordance with the recommendations of Appendix L5 of the RRS. Penalties for a violation of the regulation may range from a reprimand to dismissal from the regatta. Additionally, the hearing officer may recommend further action under rule 69.

16.3 The officers for hearing a violation of US SAILING Regulation 5.03 will consist of the Chief Judge, acting as chairman of the hearing, the Jury and the Chairman of the U.S. Junior Women’s Championship Committee or his or her designee in the event he or she is not present. The local event chairman shall serve Officio as a nonvoting member of the panel and will have an open right to express his or her views during the course of the hearing process.

**17. Prizes** – The Ida Lewis trophy is the perpetual trophy presented to the winner. The trophy will remain on display at the Ida Lewis Yacht Club, in Newport, Rhode Island. Keeper trophies will be awarded to the top three skippers and crews. US SAILING Medals will be awarded to the top five finishes. Winner of the Sportsmanship Trophy will be awarded based upon results of the competitor’s secret ballot.

**18. Qualifier for Subsequent Events** – Effective March 25, 2003, the U.S. Junior Women’s Doublehanded Championship is a qualifying event for the Girls Doublehanded Entrant at the 2004 Youth Sailing ISAF (International Sailing Federation) World Championships representing the U.S.A.

**19. Further Information** – Please contact the Regatta Chairperson, Skeeter Chilton @ (918) 242-3228 or [Skeeter.Chilton@att.net](mailto:Skeeter.Chilton@att.net) or Committee Chair, Joe East @ (334) 928-4543 or [JEast36532@aol.com](mailto:JEast36532@aol.com) or your Area Representative or the US SAILING website, <http://www.ussailing.org/idalewis/> or [www.Windycrest.com](http://www.Windycrest.com)

United States Sailing Association, Inc

To encourage participation and promote excellence in sailing and racing in the United States.



**U.S. JUNIOR WOMEN'S DOUBLEHANDED CHAMPIONSHIP  
FOR THE IDA LEWIS TROPHY**

July 5 – July 11, 2003



ENTRY FORM

**Skipper's Name** \_\_\_\_\_ Birth date \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone: Day \_\_\_\_\_ Eve. \_\_\_\_\_ US SAILING Member # \_\_\_\_\_

Email address: \_\_\_\_\_ Cell Phone \_\_\_\_\_

I will require housing for the following nights: (competitors only) July 5 \_\_\_ 6 \_\_\_ 7 \_\_\_ 8 \_\_\_ 9 \_\_\_ 10 \_\_\_

Special Dietary Requirements (Allergies, Vegetarian, Etc.) \_\_\_\_\_ Shirt Size \_\_\_\_\_

Date & time of arrival \_\_\_\_\_ Airline/Flight # \_\_\_\_\_

**Crew's Name** \_\_\_\_\_ Birth date \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone: Day \_\_\_\_\_ Eve. \_\_\_\_\_ US SAILING member # \_\_\_\_\_

Email address: \_\_\_\_\_ Cell Phone \_\_\_\_\_

I will require housing for the following nights: (competitors only) July 5 \_\_\_ 6 \_\_\_ 7 \_\_\_ 8 \_\_\_ 9 \_\_\_ 10 \_\_\_

Special Dietary Requirements (Allergies, Vegetarian, Etc.) \_\_\_\_\_ Shirt Size \_\_\_\_\_

Date & time of arrival \_\_\_\_\_ Airline/Flight # \_\_\_\_\_

<b>ENTRY FEE</b>	<b>\$135.00 per person</b>	\$ _____
<b>CHARTER FEE</b>	<b>\$350.00 per boat</b>	\$ _____
<b>DAMAGE DEPOSIT (chartered boats)</b>	<b>\$250.00 per boat</b>	\$ _____

Make checks payable to Windycrest Sailing Club (three checks: one for entry fee, one for the charter fee and one for the damage deposit).

**Please MAIL: Fees and the entry, medical and all other forms to:**

**Windycrest Sailing Club (Ida Lewis)  
P. O. Box 4731, Tulsa, OK 74159**

**Please FAX: Pages 4-13 to: US SAILING Attn: Championships 401-683-0840 Fax**

**NOTE:** Become a US SAILING member online at [www.ussailing.org/membership](http://www.ussailing.org/membership) or call 800-877-2451

**No entries accepted after June 20, 2003. To be considered as a bona fide entry, your entry must include appropriate check(s). A fax without a check will be considered as a completed entry based on the postage date of the envelope used to send the check.**



SKIPPTERS LAST NAME \_\_\_\_\_, FIRST NAME \_\_\_\_\_

CHARTER BOATS will be awarded according to distance and postmark of entry. **The deadline for reserving a boat is May 15, 2003.** If you are requesting a charter boat, please fill out the Vanguard Charter Boat Form completely. Any boats not reserved by that date will be released back to Vanguard. Please explain why you will be unable to bring your own boat:

Please list the three most important regattas that you participated in during the 2001-2003 seasons and where you placed out of how many entrants. Also list the class of boat you raced and any clinics you may have participated in (one or two is adequate).

REGATTA 1) \_\_\_\_\_  
2) \_\_\_\_\_  
3) \_\_\_\_\_

CLINIC 1) \_\_\_\_\_  
2) \_\_\_\_\_

YACHT CLUB AFFILIATION: \_\_\_\_\_

School Name: \_\_\_\_\_ Year as of Sept. '03 \_\_\_\_\_

**MEDIA INFORMATION (Please fill out for both competitors)**

Hometown Daily Newspaper \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Contact \_\_\_\_\_

Hometown Weekly Newspaper \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Contact \_\_\_\_\_

Regional Daily Newspaper \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Contact \_\_\_\_\_



**CONSENT**

***The signed consent form MUST be on file in order to complete registration.***

In consideration for my participation in a US SAILING event, I hereby grant US SAILING the right to use my name, picture, image, voice, and sports performance in the possible creation of promotion and advertising for the U.S. Junior Women's Doublehanded Championships. This consent is given only and specifically for promotion and advertising of the US SAILING Junior Women's programs. Consent is *not given* to use my name, picture, image, voice, and sports performance in the creation of promotion and advertising of any commercial product or service, directly or indirectly.

**PARTICIPANT (Signature):** \_\_\_\_\_ **NAME (print)** \_\_\_\_\_

**PARENT OR GUARDIAN (Signature):** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**PARENT/GUARDIAN NAME (Printed):** \_\_\_\_\_



**SKIPPER'S  
MEDICAL CONSENT FORM**



**NAME OF PARTICIPANT** (printed): \_\_\_\_\_

**NAME OF PARENT OR GUARDIAN** (printed): \_\_\_\_\_

In the event of accident or injury to myself, my spouse or any child of mine (specifically including my child named below as the "Participant") or in the event of illness of myself, my spouse or any child of mine while in, on or about the premises of the Yacht Club or while participating in any activity sponsored by or under the auspices of said Club under circumstances where I am physically unable to consent or am not present:

1. I hereby voluntarily consent to the furnishing to myself, my spouse or any of my said children of such medical care, attention and treatment by any hospital, physician or physicians as such hospital, physician or physicians may deem necessary or advisable.
2. I authorize any officer or member of Windycrest Sailing Club to consent to such medical care, attention or treatment.
3. I agree to pay the reasonable cost of such medical care, attention or treatment and to indemnify and hold free and harmless of and from any and all liability for such cost Windycrest Sailing Club and the United States Sailing Association and its officers and members thereof.

I, the undersigned, do hereby authorize and consent to any x-ray examination, anesthetic, medical or surgical diagnosis or procedure rendered under the general or specific supervision of any member of the medical staff or of a dentist licensed under the provisions of the State Education Law and/or Public Health Law of the State and on the staff of any hospital holding a current operating certificate issued by the State Department of Health. It is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required, but is given to provide authority and power to render care which the aforementioned physician in the exercise of his best judgment may deem advisable. It is understood that effort shall be made to contact the undersigned prior to rendering treatment to the patient, but that any of the above treatment will not be withheld if the undersigned cannot be reached.

**IN CASE OF EMERGENCY CALL:**

NAME	RELATIONSHIP	PHONE NUMBER

**SIGNATURE OF PARENT/GUARDIAN:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**PHYSICIAN WHO CONDUCTED YOUR MOST RECENT PHYSICAL EXAMINATION:**

NAME	PHONE NUMBER	DATE OF LAST EXAM

HEALTH INSURANCE CARRIER	INSURANCE ID NUMBER



**CREW'S  
MEDICAL CONSENT FORM**



**NAME OF PARTICIPANT** (printed): \_\_\_\_\_

**NAME OF PARENT OR GUARDIAN** (printed): \_\_\_\_\_

In the event of accident or injury to myself, my spouse or any child of mine (specifically including my child named below as the "Participant") or in the event of illness of myself, my spouse or any child of mine while in, on or about the premises of the Yacht Club or while participating in any activity sponsored by or under the auspices of said Club under circumstances where I am physically unable to consent or am not present:

4. I hereby voluntarily consent to the furnishing to myself, my spouse or any of my said children of such medical care, attention and treatment by any hospital, physician or physicians as such hospital, physician or physicians may deem necessary or advisable.
5. I authorize any officer or member of Windycrest Sailing Club to consent to such medical care, attention or treatment.
6. I agree to pay the reasonable cost of such medical care, attention or treatment and to indemnify and hold free and harmless of and from any and all liability for such cost Windycrest Sailing Club and the United States Sailing Association and its officers and members thereof.

I, the undersigned, do hereby authorize and consent to any x-ray examination, anesthetic, medical or surgical diagnosis or procedure rendered under the general or specific supervision of any member of the medical staff or of a dentist licensed under the provisions of the State Education Law and/or Public Health Law of the State and on the staff of any hospital holding a current operating certificate issued by the State Department of Health. It is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required, but is given to provide authority and power to render care which the aforementioned physician in the exercise of his best judgment may deem advisable. It is understood that effort shall be made to contact the undersigned prior to rendering treatment to the patient, but that any of the above treatment will not be withheld if the undersigned cannot be reached.

**IN CASE OF EMERGENCY CALL:**

NAME	RELATIONSHIP	PHONE NUMBER

**SIGNATURE OF PARENT/GUARDIAN:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**PHYSICIAN WHO CONDUCTED YOUR MOST RECENT PHYSICAL EXAMINATION:**

NAME	PHONE NUMBER	DATE OF LAST EXAM

HEALTH INSURANCE CARRIER	INSURANCE ID NUMBER




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**SKIPPER'S  
MEDICAL AND EMERGENCY INFORMATION**

---

PARTICIPANT'S NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
*Street/P.O. Box*

*City* \_\_\_\_\_ *State* \_\_\_\_\_ *Zip* \_\_\_\_\_

TELEPHONE \_\_\_\_\_ (R) \_\_\_\_\_ (B) DATE OF BIRTH: \_\_\_\_\_

**THE PARTICIPANT AND HER PARENTS MUST RESPOND TO THE FOLLOWING QUESTIONS AS ACCURATELY AND COMPLETELY AS POSSIBLE:**

Please check those that apply: (Provide necessary details below)

CHRONIC AILMENTS:	ALLERGIES:
ASTHMA, OR OTHER RESPIRATORY PROBLEMS	MEDICATION
DIABETES OR HYPOGLYCEMIA	BEE STINGS/INSECT BITES
HEMOPHILIA, OR OTHER BLEEDING PROBLEMS	FOODS
CIRCULATORY OR HEART PROBLEMS	OTHERS, IF SIGNIFICANT (describe below)
EPILEPSY	

DATE OF LAST TETANUS SHOT: \_\_\_\_\_ BLOOD TYPE: \_\_\_\_\_

CURRENT MEDICATIONS IF ANY: \_\_\_\_\_

DETAILS: \_\_\_\_\_

**Mail to: Windycrest Sailing Club (Ida Lewis)  
P. O. Box 4731, Tulsa, OK 74159**

***PLEASE MAKE SURE YOU HAVE FILLED IN ALL THE NECESSARY INFORMATION***




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**CREW'S  
MEDICAL AND EMERGENCY INFORMATION**

---

PARTICIPANT'S NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

*Street/P.O. Box*

*City*

*State*

*Zip*

TELEPHONE \_\_\_\_\_ (R) \_\_\_\_\_ (B) DATE OF BIRTH: \_\_\_\_\_

**THE PARTICIPANT AND HER PARENTS MUST RESPOND TO THE FOLLOWING QUESTIONS AS ACCURATELY AND COMPLETELY AS POSSIBLE:**

Please check those that apply: (Provide necessary details below)

CHRONIC AILMENTS:	ALLERGIES:
ASTHMA, OR OTHER RESPIRATORY PROBLEMS	MEDICATION
DIABETES OR HYPOGLYCEMIA	BEE STINGS/INSECT BITES
HEMOPHILIA, OR OTHER BLEEDING PROBLEMS	FOODS
CIRCULATORY OR HEART PROBLEMS	OTHERS, IF SIGNIFICANT (describe below)
EPILEPSY	

DATE OF LAST TETANUS SHOT: \_\_\_\_\_ BLOOD TYPE: \_\_\_\_\_

CURRENT MEDICATIONS IF ANY: \_\_\_\_\_

DETAILS: \_\_\_\_\_

**Mail to: Windycrest Sailing Club (Ida Lewis)  
P. O. Box 4731, Tulsa, OK 74159**

***PLEASE MAKE SURE YOU HAVE FILLED IN ALL THE NECESSARY INFORMATION***





U.S. JUNIOR WOMEN'S  
DOUBLEHANDED CHAMPIONSHIP



**CREW'S RELEASE FORM**

PRINT NAME OF COMPETITOR \_\_\_\_\_ BIRTH DATE \_\_/\_\_/19\_\_

HOME ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PARENTS' NAMES \_\_\_\_\_ & \_\_\_\_\_

PARENTS' DAYTIME PHONE (\_\_\_\_) \_\_\_\_\_ HOME PHONE (\_\_\_\_) \_\_\_\_\_

CELL PHONE (\_\_\_\_) \_\_\_\_\_ WORK PHONE (\_\_\_\_) \_\_\_\_\_

I accept US SAILING's invitation to sail in the U.S. Junior Women's Doublehanded Championship. By accepting this invitation, I agree to comply with the restriction on drinking and the use of illegal drugs, and with the 11:00 pm curfew for the entire event. I also agree to share in the responsibility for making the event run smoothly both on and off the water, and I will participate in special events and programs provided for me. In particular, I will respect that others are also taking this championship seriously, I will respect property that is not mine, I will respect the efforts of the event hosts, and I will respect and show appreciation for the generosity of my housing hosts.

\_\_\_\_\_  
**PRINT** Your Name *CLEARLY*

\_\_\_\_\_  
**SIGN** Your Name

\_\_\_\_\_  
DATE

**COMPETITOR'S PARENT(S) AGREEMENT:** I/We have read the competitor's agreement above and the restriction below on the use of alcohol and illegal drugs during the U.S. Junior Women's Doublehanded Championship event. I/We fully understand that first time offenders of the restriction will immediately be removed from the racing. I/We also understand that offenders of the restriction on the final two days will receive much stricter penalties. I/We understand that I/We are responsible for the behavior of my/our child and liable for any damage to property, including chartered boats/boards caused by her.

\_\_\_\_\_  
PARENT printed name

\_\_\_\_\_  
PARENT Signature

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PARENT printed name

\_\_\_\_\_  
PARENT Signature

\_\_\_\_\_  
DATE



**U.S. JUNIOR WOMEN'S  
DOUBLEHANDED CHAMPIONSHIP  
HOST CLUB TRAVEL AND HOUSING FORM  
TRAVEL**

(If Skipper and Crew are traveling separately please complete this form for each.)

Print Competitor's Name(s): \_\_\_\_\_

**CAR:** Give estimated **DAY, DATE** and **TIME** of arrival \_\_\_\_\_  
Please list each person you will be driving with to the event \_\_\_\_\_

Will you be the driver of this car during the event? YES \_\_\_ NO \_\_\_

**PLANE**  
**ARRIVAL:** DAY \_\_\_\_\_ DATE \_\_\_/\_\_\_/\_\_\_ TIME \_\_\_\_\_ am pm AIRLINE \_\_\_\_\_  
FLIGHT # \_\_\_\_\_ AIRPORT NAME \_\_\_\_\_

**DEPARTURE:** DAY \_\_\_\_\_ DATE \_\_\_/\_\_\_/\_\_\_ TIME \_\_\_\_\_ am pm AIRLINE \_\_\_\_\_  
FLIGHT # \_\_\_\_\_ AIRPORT NAME \_\_\_\_\_

**FOOD**

Dietary Requirements (allergies, vegetarian, etc.) \_\_\_\_\_

**HOUSING**

We plan to house you for the entire event, unless you were granted permission from the US SAILING Jr. Women's Committee Chairman, in which case we will expect you to inform us of your particular arrangements in writing. Do you anticipate anyone accompanying you (e.g. a parent or coach)? If so, how many and who?

No. of people: \_\_\_\_\_ Name of each: \_\_\_\_\_

No. of people who would like to be on a spectator boat: \_\_\_\_\_ (Only boats designated as spectator boats may be used during the event. Please do not plan on using your own boat as a spectator boat without written permission from the US SAILING Jr. Women's Committee Chairman.)

No. of spectators per day: \_\_\_\_\_ Sun. \_\_\_\_\_ Mon. \_\_\_\_\_ Tues. \_\_\_\_\_ Wed. \_\_\_\_\_ Thur. \_\_\_\_\_ Fri. \_\_\_\_\_

(NOTE: Though your guests are welcome, we cannot be responsible for their housing, food, or transportation. We will make every effort to provide spectator boats.)

Please clearly write out below any special requests or considerations you have for housing, food or any other situations you would like us to be aware of. (Please put medical considerations and comments on the MEDICAL CONSENT FORM.)

**MAIL THIS FORM BY June 20, 2003 TO: Windycrest Sailing Club (Ida Lewis)  
P. O. Box 4731, Tulsa, OK 74159**

**CHANGE OF PLANS: As a courtesy to the host club and its members, please notify the club of any changes in your travel plans. (918-242-3228)**





**U.S. JUNIOR WOMEN'S  
DOUBLEHANDED CHAMPIONSHIP  
FOR THE IDA LEWIS TROPHY**

*July 5-11th, 2003*

*Windycrest Sailing Club, Tulsa, OK, USA*

**RACE ENTRY AGREEMENT, WAIVER AND RELEASE**

In consideration of Windycrest Sailing Club's (WSC) acceptance of my entry, I agree as follows:

1. My yacht will be equipped to conform to any USCG, US SAILING and/or Class/Fleet safety requirements.
2. I agree to comply with the rules of the IYRU, as adopted by the US SAILING, and by all other rules and sailing instructions governing the race.
3. I own or have chartered the yacht entered and I am a member of a yacht club or sailing association that belongs to US SAILING.
4. I acknowledge that there are risks inherent in the sport of yacht racing. The undersigned hereby releases, waives, discharges, and covenants not to sue the WSC, its directors, officers, employees, and agents (here and after referred to as "Releases") from all liability to the undersigned, his personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the Releases or otherwise while the undersigned is in, upon, or about the premises or any facilities of the WSC or while otherwise engaged in this regatta.
5. The undersigned hereby agrees to indemnify and save and hold harmless the Releases and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in, upon, or about the WSC premises or while otherwise engaged in the regatta, whether caused by the negligence of the Releases or otherwise.
6. The undersigned hereby assumes all responsibility for any and all risks including personal injury, or death, to myself or my crew, property damage, including, but not limited to, the failure or breakage of my yacht or equipment of WSC arising out of, or related to, my participation in the race and/or weather conditions on the day of the race.

The undersigned further expressly agrees that the foregoing Release, Waiver, and Indemnity Agreement is intended to be as broad and inclusive as is permitted by the law of the State of Oklahoma and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

**The undersigned has read and voluntarily signs the release and waiver of liability and indemnity agreement, and further agrees that no oral representations, statements or inducement apart from the foregoing written agreement have been made.**

SKIPPER (PRINT NAME):	
Skipper Signature:	Date:
Parent/Guardian Signature (if under 18):	Date:
CREW (PRINT NAME):	
Crew Signature:	Date:
Parent/Guardian Signature (if under 18):	Date:

# **2003 U.S. Jr. Women's Double Handed Championship for the Ida Lewis Trophy**

## **Sailing Instructions**

### **1 RULES**

- 1.1 The Regatta will be governed by the 2001-2004 Racing Rules of Sailing (RRS) and the Championship Conditions. The regatta is designated Category A.

### **2 ENTRIES**

- 2.1 Eligible Boats may be entered by completing registration with the Organizing Authority. Eligible competitors are: women sailors who are members of US SAILING and are between the ages of 13 and 18 years old, without turning 19 years old in this calendar year.

? Are these also requirements?

b) Group US1 or US2 competitors under Appendix P of the RRS.

c) Members of US SAILING.

- 2.3 Bow numbers must be applied in accordance with instructions supplied at Registration.

### **3 SAFETY**

- 3.1 All competitors in US SAILING Championships, at all levels, shall wear, while on the water, other than brief periods while adding or removing clothing, an approved PFD (US Coast Guard or Canadian).
- 3.2 Boats not intending to sail in a day's races shall inform the Race Committee by posting a notice on the Official Notice Board prior to the Race Committee's departure that day.
- 3.3 All boats shall have a bow line 20 feet suitable for towing that is readily available at all times when off the dock. (Recommend deleting this one unless the lines are provided for all boats.)
- 3.4 A yacht retiring is required to notify a Race Committee Boat, or a Safety Boat (safety boats will be flying pink flags) before leaving the racing area. No yacht shall leave the racing area without permission of the Race Committee.

### **4 CHECK IN**

- 4.1 Competitors must check in with the Race Committee Signal Boat before the Warning Signal of the first race each day. The Race Committee may protest a boat for failure to check in. This modifies RRS 60.2

### **5 NOTICES TO COMPETITORS**

- 5.1 Notices to competitors will be posted on the Official Regatta Notice Board located in the lower level of the Windycrest pavilion.

### **6 CHANGES IN SAILING INSTRUCTIONS**

- 6.1 Any change to the Sailing Instructions will be posted on the Official Regatta Notice Board before 11:00 a.m. on the day it will take effect, except that any change to the schedule of races will be posted by 7:00 p.m. on the day before it will take effect.

### **7 SIGNALS MADE ASHORE**

- 7.1 Signals made ashore will be displayed from the Race Committee Signal Boat located in the harbor.
- 7.2 Flag AP with two horns (one when lowered) means 'the race is postponed.' The Warning Signal will be made not less than 50 minutes after the AP is lowered.
- 7.3 Code Flag "L" hoisted the one horn, means 'There has been a change to the Sailing Instructions, direct your attention to the Official Regatta Notice Board.'

## 8 SCHEDULE OF RACES

8.1 Races are scheduled as follows:

Race	Day & Date	Time of Warning Signal
Practice Race, Race 1 and Additional Races to follow	Tuesday July 8 <sup>th</sup>	10:30 am
First Race of the day, and Additional Races to Follow	Wednesday July 9 <sup>th</sup>	9:30 am
First Race of the day, and Additional Races to follow	Thursday July 10 <sup>th</sup>	9:30 am

8.2 The display of Flag "H" (white and red vertical bars) at the finish of any race means, "Racing has ended for the day."

8.3 No Warning Signal will be made after 2:00 p.m. on the last day of racing.

## 9 RACING AREA

9.1 The Racing Area is shown on the attached **LAMINATED SHEET**

9.2 The Racing Area will be on the part of Lake Keystone shown in **Appendix A**.

## 10 THE COURSE

10.1 The diagrams on the attached **Laminated Sheet** show the course(s), the order in which marks are to be passed, and the side on which each mark is to be rounded.

10.2 Course designation will be signaled by a number displayed on the port and starboard side of the Race Committee Signal Boat.

## 11 MARKS

11.1 Turning Marks of the course will be **orange** inflatable tetrahedrons. The port end of the starting line will be marked by a **yellow** inflatable tetrahedron. The port end of the finish line will be marked by an **orange** inflatable tetrahedron. New marks, as provided in instruction 14, Change of Course After the Start, will be an **orange** inflatable tetrahedron with a black band.

## 12 START/FINISH

12.1 Races will be started using Rule 26. The class flag will be the Ida Lewis Yacht Club Burgee.

12.2 The starting line will be between a staff displaying an orange flag on the Race Committee Signal Boat at the starboard end and a **yellow** inflatable tetrahedron at the port end.

12.3 The finish line will be between a staff displaying an orange flag on a Race Committee *boat* at the starboard end and an **orange** inflatable tetrahedron at the port end.

12.4 No boat shall start later than 10 minutes after her starting signal

## 13 RECALLS

13.1 The race Committee will **(Comment: deleted "will attempt to" as you will or you won't be hailing)** hail the Bow numbers of OCS boats after the Starting signal. The failure of any boat to hear the hail, the hail of some but not all OCS boats, the untimely hail of some or all OCS boats, or the failure to hear any or all boats shall not be grounds for granting redress. This changes RRS 62.1

## 14 CHANGE OF COURSE AFTER THE START

14.1 To change the position of the next mark, the Race Committee will lay a new mark, as identified by having around it a black band, and remove the original mark as soon as practicable. The change will be signaled before the leading boat has begun the leg, although the new mark may not yet be in position. Any mark to be rounded after rounding the new mark may be relocated without further signaling to maintain the course configuration. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

## 15 PENALTY SYSTEM

15.1 Appendix N will apply, modified as follows:

a. N2.2 is changed to: "second time and subsequent times".

b. N2.3 is deleted

c. N3 is changed to read: "If a boat has been protested under rule N1 and the Race Committee signals a postponement, general recall, or abandonment, the penalty or penalties are cancelled".

## 16 TIME LIMIT

- 16.1 The time limit will be 60 (90?) minutes for the first boat that sails the course to finish. Boats failing to finish within 15 minutes after the first boat finishes or within the time limit, whichever is later will be scored Did Not Finish. This changes rule 35 and A4.1

Consider adding: "16.2 If boats in or near last place in a race are unduly delaying the start of another race, the Race Committee may terminate the race and score those boats in the place they would have finished based on their position at the time the race is terminated."

## 17 Protests and Requests for Redress:

- ? Consider adding: "A boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee finish boat of her intention, including the sail number of the boat(s) being protested. This changes RRS 61.1(a).
- 17.1 Protest shall be in writing (forms available at the Official Regatta Notice Board) and delivered to the Protest Committee within one (1) hour after the arrival of the Race Committee boat at the dock. That (RC Docking time or protest time limit?) time will be posted on the Official Regatta Notice Board.
- 17.2 Protest will be heard in approximately the order of receipt as soon as possible.
- 17.3 Protest notices will be posted within 15 minutes after the protest time limit to inform competitors where and when there is a hearing in which they are parties to a hearing or named as witnesses. This posting constitutes the notification required in Rules 61.1(b) and 63.2.
- 17.4 A boat is NOT permitted to protest another boat for breaking Sailing Instruction 3, 4 or 19. This changes RRS 60.1(a).
- 17.5 RRS 66 is changed by adding this sentence: 'On the last day of racing, a party to the hearing may ask for a reopening no later than one (1) hour after being informed of the decision'.

## 18 SCORING

- 18.1 The low point scoring system of Appendix A of the RRS will apply. Eight (8) races are scheduled or which three (3) races shall be completed to constitute a series. Each boat's total score will be the total of her race scores, with her worst score discarded if six (6) or more races are completed.

## 19 DISPOSAL OF TRASH

- 19.1 Boats observed discharging trash over the side shall either be disqualified from all races sailed on that day or be subject to other suitable disciplinary action, or both.

## 20 SUPPORT BOATS

- 20.1 Team leaders, coaches and other support personnel shall not be in the Racing Area as defined in the attached laminated sheet, unless specifically directed there by a member of the Race Committee. This is to be in effect from the time of the Warning Signal until all boats have finished, or until the Race Committee signals a postponement or abandonment.
- 20.2 Coaches must wear fully secured PFD's while on the water. Other support people – Race Committee, mark and towboat operators, parents, etc. are strongly encouraged to wear fully secured PFD's while on the water.
- 20.3 All coach boats and other support boats/support personnel **must** aid any competitor in distress.
- 20.4 All coach boats and other support boats/support personnel must be registered with, and accepted by Windycrest Sailing Club. Boats and personnel not registered or accepted may not have any contact (verbal or direct) with any competitor while on the water, except to render emergency assistance.
- 20.5 The penalty for failing to comply with any part of paragraph 20 will be a 40% scoring penalty added to the actual finish place for all boats associated with the support personnel who do so.

## 21 PRIZES

- 21.1 The Ida Lewis Trophy is the perpetual trophy presented to the winning team. The trophy will remain on display at the Ida Lewis Yacht Club in Newport, Rhode Island. Keeper trophies will be awarded to the top three skippers and crews. US SAILING medals will be awarded to the top five finishers.
- 21.2 The Sportsmanship Award will be awarded to the individual receiving the most votes from their fellow competitors during a poll that will be conducted in the afternoon of Thursday, July 10, 2003.

APPENDIX A  
**Sailing Area**

